

This One's for the Girls

[Martina McBride](#)

This is for all you girls about thirteen,
High school can be so rough can be so mean,
Hold on to on to your innocence,
Stand your ground when everybody's givin' in. This one's for the girls
This is for all you girls about twenty five,
In little apartments just tryin' to get by,
Livin' on on dreams and spaghetti-o's,
Wonderin' where your life is gonna go.[Chorus]
This one's for the girls,
Who've ever had a broken heart,
Who've wished upon a shooting star,
You're beautiful the way you are,
This one's for the girls,
Who love without holdin' back,
Who dream with everything they have,
All around the world,
This one's for the girls. This is for all you girls about forty two,
Tossin' pennies into the fountain of youth,
Every laugh line on your face,
Made you who you are today.[Chorus] Yeah we're all the same inside,
From one to ninety nine[Chorus]

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