

Need A Break

David Myles

You need a break from the noise in the middle of the night
You need a break from the boys who just seem to want to fight
You need a break from being lonely, a break from playing games
You need a break from shaking hands, faking interest in their names
I believe you when you tell me your time is running out
I can see it in your eyes, I can tell that there's no doubt
You need a break, you need a break You need a break from paying bills, a break from paying rent
You put all your money on your loans and you can't make a dent
You need a break from early mornings, a break from your alarm
A break from your boss wouldn't do you any harm
Your temper's getting shorter and your mood is getting bad
If you had a bottled genie, it'd be the only wish you'd have
You need a break, you need a break
Don't need new clothes, don't need a new car
Don't need someone telling you how lucky you are
You don't want to rent a movie or go for a run
If you had a list of things to do you'd only choose one
You need a break, you need a break You don't need a doctor, don't want to take pills
You don't need their diagnosis cause you know it so well
They'll say take your time and ask yourself why
Well you already have and you told yourself
I just need a break, just need a break You need a break from the hassle, a break from the hype
You need a break from going in and out of fashion overnight
You need a break from keeping up, a break from feeling down
You need a break from all the traffic on your way across town
You need a break from people telling you what's right and what's wrong
No one seems to want to listen to what you've known all along
You need a break, you need a break
You've tried to learn to paint, you've tried to learn to sing
You've tried to meditate, you've tried everything
You read Walt Whitman and the Tao Te Ching
And you're still missing something, still missing one thing
You need a break, you need a break You don't need a doctor, don't want to take pills
You don't need their diagnosis cause you know it so well
They'll say take your time and ask yourself why
Well you already have and you told yourself I...
Just need a break, just need a break, just need a break
Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

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