

# Long Time Sun

## Will Blunderfield

Om Tryambakam  
Yajamahe Sugandhim  
Pushtivardhanam  
Urvaarukimiva Bandhanaan  
Mrityor Mukshiiya Maamritat

“Our deepest fear is not that we are inadequate.  
Our deepest fear is that we are powerful beyond measure.  
It is our light, not our darkness that most frightens us.

We ask ourselves:

Who am I to be brilliant, gorgeous, talented, fabulous?

Actually, who are you not to be?

Your playing small does not serve the world.

There is nothing enlightened about shrinking so that other people won't feel insecure around you.

We are all meant to shine as children do.

We were born to make manifest the glory that is within us.

It is not just in some of us; it is in everyone!

And as we let our own light shine, we unconsciously give other people permission to do the same.

As we are liberated from our own fear, our presence automatically liberates others.”

May the long time sun shine upon you  
All love surround you, surround you  
And the pure light that burns bright within you  
Guide your way home, guide your way home

May the long time sun shine upon you  
All love surround you, surround you, surround you  
And the pure light that burns bright within you  
Guide your way home, guide your way home

Om Tryambakam  
Yajamahe Sugandhim  
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Urvaarukimiva Bandhanaan  
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Guide your way home  
Guide your way home!

Lyrics Submitted by Angelina Jochems

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