The Day (Feat. Blu, Phonte, Patty Crash)

The Roots

When I wake up, I look into the mirror
I can see a clearer, vision
I should start living today

Cause today is gonna be the day, is gonna be the day

Cause today is gonna be the day, is gonna be the day Yeah, it's like everyday I wake up

I stare into space and don't say much

Peer in the mirror, feeling dead from the face up

Coffee pots, cigarettes, morning Js, Baileys

Slowing down my day before it picks up the pace

Beats playing since the night before, thinking about writing songs

Feeling exhausted from times we toured constant

And plus the toxins I sip got me tall

Still tipsy, staring at the city from the spot we call Los Angeles

Every day is like a blank canvas

Carving my initials in the planet like I brand it

Hand picked to live this life we take for granted

Like a child with an upright bass, we can't stand it

Smiling through the trouble we face, trying to manage

My way without pumping my brakes and staying stagnant

Cause I can sit on my ass or just imagine

The madness I did on my path and paint the canvasWhen I wake up, I look into the mirror

I can see a clearer, vision

I should start living today

Cause today is gonna be the day, is gonna be the day

Cause today is gonna be the day, is gonna be the dayBefore I rise and shine like a neon sign

I need the girl of my dreams to give me Einstein

And burn the marijuan' like Buju Banton

It's my only bonafide break from these confines

I need a change of scenery like a montage

These kids bringing me the noise like the Bomb Squad

And everybody coming at me from the blindside

I'm tired, it's hard to open up my eyes wide

I listen to some theme music on the iPod

And walk around the crib doing little odd jobs

Checking my breath, take a view from this high rise

Feeling like I'm checking out a game from the sideline

I got to try different things in these trying times

Twenty-ten is different than it was in nine-five

It's come alive time, I picked a fine time

For getting open off life like a fine wineWhen I wake up, I look into the mirror I can see a clearer, vision
I should start living today

Cause today is gonna be the day, is gonna be the day
Cause today is gonna be the day, is gonna be the daySunday morning, plan my day out
Whole new blueprint, brand new layout

Deep down still don't know if it'll play out

But for the first time feel like I done found a way out

Skin getting clearer and it feel like I lost weight

Stop and say a prayer for the times I lost faith

Troubles of the world had me in a cross-face

Chicken-wing, sickening, living so off-base

But now it's like I'm in the last lap of the car chase

And I finally understand my right to choose

My preacher man told me it could always be worse

Even the three-legged dog still got three good legs to lose

So you can stop and refresh the rules

Breathe in, breathe out, let it heal all your exit wounds

Something inside said that's the move

And made it today, I'll restart fresh and newWhen I wake up, I look into the mirror

I can see a clearer, vision

I should start living today

Cause today is gonna be the day, is gonna be the day

Cause today is gonna be the day, is gonna be the day

Songwriters

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