

# Therapy

## Simon Poole

My ship went down in a sea of sound  
When I woke up alone, I had everything  
A handful of moments, I wished I could change  
And a tongue like a nightmare that cut like a blade  
In a city of fools, I was careful and cool  
But they tore me apart like a hurricane  
A handful of moments, I wished I could change  
But I was carried away  
Give me a therapy, I'm a walking travesty  
But I'm smiling at everything  
Therapy, you were never a friend to me  
And you can keep all your misery  
My lungs gave out as I faced the crowd  
I think that keeping this up could be dangerous  
I'm flesh and bone, I'm a rolling stone  
And the experts say I'm delirious  
Give me a therapy, I'm a walking travesty  
But I'm smiling at everything  
Therapy, you were never a friend to me

You can take back your misery  
Arrogant boy  
Love yourself so no one has to  
They're better off without you  
(They're better off without you)  
Arrogant boy  
'Cause a scene like you're supposed to  
They'll fall asleep without you  
You're lucky if your memory remains  
Give me a therapy, I'm a walking travesty  
But I'm smiling at everything  
Therapy, you were never a friend to me  
You can take back your misery  
Therapy, I'm a walking travesty  
But I'm smiling at everything  
Therapy, you were never a friend to me  
And you can choke on your misery

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