

Panic Attack

The Vaccines

Wrap me up in hammered velvet
Hide under the sheets with me
Get into the television
Sugarcoat Reality
Paralyse intrepidation
I'm beaten by anxiety
Lift the weight of the world, it's hanging on me
It's got my body shaking
I'm hiding in my room
It put me out and on my back
Panic attack
You know simply optimistic
and altogether overcome with self-destructive irritation
I resented everyone
I was always well-adjusted
but I'm going down a rabbit hole
further and further and further out of control
And now I'm feeling dizzy
And I'm giving up
I shut my eyes, the room went black
Panic attack
It is all-consuming
And I can't be fucked
My legs give up and I fall back
Panic attack, panic attack

Lyrics provided by

<https://damnllyrics.com/>