

Through The Pain

Mario Winans

On the Chicago River after dark
We watch the city lights tear the sky apart
The wind was blowing her hair around
As the scenery explodes, I'll tell you how
I fell into an old cliché
Always on the road, only halfway sane
No hospital can fix what I've become
I've trapped myself in a ring of fire
If I say I'm okay, I'm also a liar
The only way out is through the pain
How am I gonna get through this?
I got so low that I get high
Just to sit and watch the miles go by
Now I'm cold and sweaty with a nauseous heart
I got a million addictions wearing me down
I fell into an old cliché
Always on the road only halfway sane
I've trapped myself in a ring of fire

If I say I'm okay, I'm also a liar
The only way out is through the pain
And as I write these words my hands start to shake
With trouble sneaking in not a second too late
The only way out is through the pain
Tomorrow I'll start again
And now I'm begging for help
I know I can't get up, gotta face this one all alone
And if I don't make it
Remember that I'll always be a part of you
I've trapped myself in a ring of fire
If I say I'm okay, I'm also a liar
The only way out is through the pain
And as I write these words my hands start to shake
With trouble sneaking in not a second too late
The only way out is through the pain
Tomorrow I'll start again

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