The Process

My American Heart

You've got this process figured out
(You've got this process figured out)
You've lost the love for yourself now
Just know that I'm telling you to watch your back
And hold your breath 'cause denial never spoke
So loud, so loudTake all my self worth away
(Take all my self worth away)
Just cold with no love in my veins
(In my veins)So show me how to feel nothing
Show me how to feel safe
And I promise I will do the same
Do the sameYou've got no self control, no meaning in your makeup
You are the reason for the broken hearts you've made up
You've got this process figured out
You're not so picture perfect, you're not so picture perfect
You're not so picture perfect nowTake all my self worth away
(Take all my self worth away)
Just cold with no love in my veins
(In my veins)So show me how to feel nothing
Show me how to feel safe
And I promise I will do the same
Do the sameYou've got this, this process
So figured outTake all my self worth away
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