Bend And Not Break

Dashboard Confessional

I catalog these steps now, decisive and intentioned,
precise and patterned specifically to yours.I'm talented at breathing, especially exhaling,
so that my chest will rise and fall with yours.I'm careful not to wake you, fearing conversation.
It's better just to hold you and keep you pacified.I'm talented with reason, I cover all the angles.
I can fail before I ever try.Try to understand, there is an old mistake that fools will make.
And I'm the kind of them, pushing everything that's good away.
So won't you hold me now? I will not bend, I will not break.
Won't you hold me now? For you I rise for you I fall.I am fairly agile. I can bend and not break.
Or I can break and take it with a smile.I am so resilient. I recover quickly.
I'll convince you soon that I am fine.

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