

# Time of Our Lives

[Paul van Dyk](#)

There's a time for us to let go  
There's a time for holding on  
A time to speak, a time to listen  
There's a time for us to grow There's a time for laying low down  
There's a time for getting high  
A time for peace, a time for fighting  
A time to live, a time to die A time to scream, a time for silence  
A time for truth against the lies  
A time for faith, a time for science  
There's a time for us to shine There is a time for make believing  
There's a time to understand  
A time for hurt, a time for healing  
A time to run to make a stand Oh, this is the time of our lives  
Oh, this is the time of our lives  
Oh, this is the time of our lives

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