

Goodnight Laura

Spoon

Good Night Laura
Don't you know your bed awaits and now it's time for sleeping
Goodnight Laura, close your eyes
Your worries are meant to stop for now
You know they're not for keeping
If you want to fall asleep, be very still
And you close your eyes and slow yourself and let your worry leave you
And let go of it all just for this evening
Alright
Alright
You can fall asleep by being very still
And let your breath slow down
And when you think your thoughts be sure that they are sweet ones
Don't you know, love, you're alright
You're alright

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