Still Frame

Trapt

Please help me 'cause I'm breaking down
This picture's frozen and I can't get it out
Please help me 'cause I'm breaking down
This picture's frozen and I can't get it out of here
Release me, I'm just as lost as you
Believe me yea, I'm just as lost as youAnd every time I think I've finally made it
I learn I'm farther away than I've ever been before
I see the clock and it's ticking away
And the hourglass empty
What the fuck do I have to sayPlease help me 'cause I'm breaking down
This picture's frozen and I can't get it out
Please help me 'cause I'm breaking down
This picture's frozen and I can't get it out of here
Release me, I'm just as lost as you
Believe me, I'm just as lost as youKeep it inside, the image portrayed
As if I couldn't stand losing as if I couldn't be saved, no way
A small confession, I think I'm starting to lose it
I think I'm drifting away from the people I really need
A small reflection on when we were youngerWe had it all figured out
'Cause we had everything covered
Now we're older it's getting harder to see
What this future will hold for us
What the fuck are we going to be?Please help me 'cause I'm breaking down
This picture's frozen and I can't get it out
Please help me 'cause I'm breaking down
This picture's frozen and I can't get it out of here
Release me, I'm just as lost as you
Believe me yea, I'm just as lost as youLost, lost, lost, lost, lost, lost, lost, lost
I'm just as lost as you, oh babe
What am I going to do?I'm afraid I'm falling farther away
I'm falling farther away
I'm falling farther from where I want to be
I'm afraid I'm falling farther away
I'm falling farther away
I'm falling farther awayPlease help me 'cause I'm breaking down
This picture's frozen and I can't get it out
Please help me 'cause I'm breaking down
This picture's frozen and I can't get it out of here
Release me, I'm just as lost as you

Believe me, I'm just as lost as youI'm just as lost as you
(Not breaking me down)
I'm just as lost as you
(Not breaking me down)

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