

Semi-mental

[Biffy Clyro](#)

I smoke my face in, night after night
To numb the pain and stop the world spinning round and round
But how was I to know that in my mind I'm not so pure?
Look into my eyes, you can see I'm many different people
You shone a light on my life, now I'm just sentimental
You shone a light on my life, now I'm just sentimental
I'm not a drinker, I try it every night
I force it down to throw it up and start all over again
But I will climb a tower just to stick my flag on top
And look down on everyone, help me to salute the people
You shone a light on my life, now I'm just sentimental

You shone a light on my life, now I'm just sentimental
You shone a light on my life, now I'm just sentimental
You shone a light on my life, now I'm just sentimental
You have tried to resist the pain but you know you're not alone
But you know you're not alone
I have tried to resist the pain but now I'm all alone
And now I'm all alone
You shone a light on my life, now I'm just sentimental
You shone a light on my life, now I'm just sentimental
You shone a light on my life, now I'm just sentimental
You shone a light on my life, now I'm just sentimental

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