Hyperactive

Forrest Day

Verse 1:
You wandered in here all alone
You couldnâ€™t leave your problems there at home
Youâ€™re wondering whatâ€™s going on
And me, I might seem distant cuz Iâ€™m gone

Chorus:
Take a little time out
Take a minute to yourself
Donâ€™t let it go south
You can put it on the shelf
And Scream and shout
Cuz you did it for your health
Never should have opened up your mouth (X2)

Verse 2:
Iâ€™ll try to calm myself down
Been running try to play with this whole town
Iâ€™m strange; the strangest one around
Iâ€™m in the deep end of my senses and Iâ€™ll drown

Chorus:
Take a little time out
Take a minute to yourself
Donâ€™t let it go south
You can put it on the shelf
And Scream and shout
Cuz you did it for your health
Never should have opened up your mouth (X2)

Instrumental

Bridge:
Theyâ€™re
Billowing Over (X4)

Rap Break:
I told them Iâ€™d try to knock it off
Turned around and just turned it up a notch
Keep cooking because some of us like it hot

Do you think youâ€™re really one of them?
Chances are youâ€™re not

Do you think youâ€™re really one of them?
Chances are youâ€™re not
(X4)

Middle 8:
When he came out he was just a, a calm little guy, he just you know, it was like it was like you disturbed his world. Ha, ha. No crying, he just came out and he was, heâ€™s just kind of, I donâ€™t know he was very content

Anything other than perfect is gonna be reason enough for my demons to hate me
Cuz lately the voices are rising in volume and beginning to alter my mood into crazy
Time in the nick of it, live in the thick of it,
Earth, sick of it, sell you a brick of it

Thatâ€™s the road that Iâ€™ve been taking
Thatâ€™s the road that Iâ€™ve been taking

Bright and strong, Universal Shine
As the Day is long, hyperactive mind
Hyperactive mind (X2)
Thatâ€™s the road that Iâ€™ve been taking
Hyperactive Mind (X2)
Thatâ€™s the road that Iâ€™ve been taking
Hyperactive Mind

Lyrics submitted by John Smith.

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