

# Post Traumatic Stress Disorder

## Pharoahe Monch

Fuck you know about struggle? The boy in the plastic bubble  
When I drink away the pain I guzzle  
My life is like a complicated mathematical puzzle, for real  
Seen death twice, it's ugly motherfucker man  
But you conversate with him when you suffering  
He said, "Let go of the pain, you'll never rock the mic again  
Your choice slug to the brain or 20 Vicodin  
I kinda likened it to Ortho Tri-cyclen  
Disturbing the natural cycles of life and it's trifling  
Fuck what you heard, less money more problems  
4 years removed from the game with no album  
I put the gun to my brain, but first I wrote a note to explain  
Put the Luger in my head, and these are the words that I said  
Sure as kingdoms rise the same kingdoms were  
sure to fall  
And wash away like memories, as if they weren't there at all  
Like broken limbs of trees that's lost its leaves to Winter's wind  
Spring will come again  
Live When your cerebral ceases to administer silence  
And the only faith you have left is a CD  
From a singer who had a son with Christopher Wallace  
Tomorrow is never  
Hope is abolished  
Mind and soul have little to no unity  
Life threw a brick through my window of opportunity  
My immune system lacked diplomatic immunity  
When asthma attacks the black community  
Where do you go from there?  
Long walk, short pier  
Thought I knew all it was just to know of the ledge  
Till I glanced down at all ten toes on the ledge  
Before I heard what sounded to me like a pledge  
Emerged from the darkness, and this is what it said  
Do not despair, breathe, fight  
For there is more life to live, believe  
More insight to share, retrieve  
Was the dead at the illustrious  
Exhale, hold, inhale, receive and live  
Live Sure as kingdoms rise the same kingdoms were sure to fall  
And wash away like memories, as if they weren't there at all

Like broken limbs of trees that's lost its leaves to Winter's wind  
Spring will come again  
Live

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