

# Be Strong

## Delta Goodrem

Are you swimming upstream in oceans of blue?  
Do you feel like you're sinking?  
Are you sick of the rain after all you've been through?  
Well, I know what you're thinking When you can't take it  
You can make it  
Sometime soon I know you'll see 'Cause when you're in your darkest hour  
And all of the light just fades away  
And when you're like a single flower  
Whose colors have turned to shades of gray  
Well, hang on and be, be strong We're taking each step one day at a time  
You can't lose your spirit  
Let live and let live, forget and forgive  
And it's all how you see it And just remember, keep it together  
Don't you know you're never alone? 'Cause when you're in your darkest hour  
And all of the light just fades away  
When you're like a single flower  
Whose colors have turned to shades of gray  
Well, hang on, ohh, be strong No, you're not defeated, ohh  
And soon you'll be smiling once again  
Then you won't have to feel it, let it go with the wind  
Time passes us by  
And know that you're allowed to cry 'Cause when you're in your darkest hour  
And all of the light just fades away  
When you're like a single flower  
Whose colors have turned to shades of gray  
Well, hang on, ohh, and be strong Oh oh, hang on, hang on  
Hang on, be strong  
Hold on and be strong

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