Bad Vibrations

A Day to Remember

[Intro]
Don't forget that this is a choice
Pick your poison
Live with remorse
Don't forget that this is a choice
Pick your poison
Live with remorse[Breakdown][Verse 1]
I could burn a hole with my eyes that cuts straight through the skin
No more love, no more resolution
It's getting harder bearing the darkness within
I gotta let it out
I'm gonna let it...[Chorus]
I can feel your bad vibrations
All around me
All consuming
Corrupting all that I am
This pain is a sickness looming over me, and I can't escape it
Casting shadows that continue to shape who I am on any given day[Verse 2]
It's like a fog surrounds me applying pressure within
Weighing me down, seeing in double vision
It hits so hard I stu- stu- stutter my speech
Ya go kinda cold inside
Dancing on thin ice[Chorus]
I can feel your bad vibrations
All around me
All consuming
Corrupting all that I am
This pain is a sickness looming over me, and I can't escape it
Casting shadows that continue to shape who I am on any given day
This pain is a sickness looming over me, and I can't escape it
Casting shadows that continue to shape who I am on any given day[Breakdown]
Toxic
Toxic
Toxic
Toxic[Outro]
This darkness, this darkness
Leaves me empty like
I am the heartless
Toxic

Toxic within

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