

Bad Vibrations

A Day to Remember

[Intro]

Don't forget that this is a choice

Pick your poison

Live with remorse

Don't forget that this is a choice

Pick your poison

Live with remorse[Breakdown][Verse 1]

I could burn a hole with my eyes that cuts straight through the skin

No more love, no more resolution

It's getting harder bearing the darkness within

I gotta let it out

I'm gonna let it...[Chorus]

I can feel your bad vibrations

All around me

All consuming

Corrupting all that I am

This pain is a sickness looming over me, and I can't escape it

Casting shadows that continue to shape who I am on any given day[Verse 2]

It's like a fog surrounds me applying pressure within

Weighing me down, seeing in double vision

It hits so hard I stu- stu- stutter my speech

Ya go kinda cold inside

Dancing on thin ice[Chorus]

I can feel your bad vibrations

All around me

All consuming

Corrupting all that I am

This pain is a sickness looming over me, and I can't escape it

Casting shadows that continue to shape who I am on any given day

This pain is a sickness looming over me, and I can't escape it

Casting shadows that continue to shape who I am on any given day[Breakdown]

Toxic

Toxic

Toxic

Toxic[Outro]

This darkness, this darkness

Leaves me empty like

I am the heartless

Toxic

Toxic within

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