

# Get Your Groove On

[Paula Abdul](#)

I can feel the energy building up inside of me  
It wants to get out  
It wants to let go  
Do you feel the way I feel with your little sex appeal baby, baby  
Now we move left to right side to side and grind  
We can do it all night  
There really ain't nothing to it but to do it boy  
So let me show you how to move your body baby  
I know we can work it out feel the sense of chemistry  
We can do it anyway, anyway you like  
(1) Can you feel it, cause it's so strong  
So you better get, get your groove on  
'Cause it's funky, don't wait too long  
Or you won't get, get that groove on

Just feel the rhythm flow  
Feel it run through your veins  
It's a rush baby (and no one can take it away)  
I'm so attracted to you (so come here close to me)  
Boy you know how I like it  
I like it physical  
I like it sexual, baby, baby  
There ain't no holding back now  
So let me show you how I'm gonna give it to you  
Baby we can dance all night  
Boy there really ain't nothing to it  
(1)

Well I'm steppin' so you better catch on 'cause there ain't nothing to it  
Baby move here close if you want to keep your groove on with me  
(1)

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