

# Contentment

## Candy West

Can I be honest  
There are seasons I go through and I don't like what I feel  
I don't like what I see  
But you promised  
this afflictions and phase are only momentary  
This is not the end  
cos you know what's best for me

### Chorus

Lord help me be content with where i am  
Because you know my end from my beginning  
Help me trust your heart when I can't see your hand because you're never ever without a plan and you know  
what's best for me.

Yes you do Lord  
you know what's best for me...

So when am on the mountain or down in the valley  
You said am never alone  
You promised that you would be there  
And if I find myself down in the pit again  
you will reach out your hand  
cos this is not the end  
cos you know what's best for me

### Chorus

You know what's best for me  
You know the thoughts you have towards me and I've got to trust you more

I know what it means to have plenty  
what it means to be in want  
To be Marching with an army or fighting all alone  
And know the pain of lost love ones  
The joy of the crowd  
What it means to take flight and be stuck on the ground  
But no matter what state that I found myself in  
You said that you know my beginning from my end oh  
Contentment is knowing that you never unaware  
And no matter where I am

You will always be there ... always be there 2x

Chorus

I may not like how I feel  
I may not like what i see  
But I got to trust you have a plan for me  
Ohhhh that you know

You may be in a pit right now  
But the pit is not the end ohhh  
You know what's best for me  
From the pit to the prison  
From the prison to the palace  
From the palace to the prison  
You know what's best for me  
From the prison to the palace because your plan was to make me the head, make me greater, make me stronger  
And you know what's best for me

Chorus

He knows how you feel  
He knows where you are  
He knows how it hurts  
He knows what you see  
He knows where you are  
He knows how it feels  
He knows how it hurts  
He knows  
But He knows what's best for you

Lyrics Submitted by Doris Tocho

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