

# Message From Your Heart

[Kina Grannis](#)

Don't break me, I bruise easily  
The source of both your love and misery I am steady, beating endlessly  
While you are dozing, dreaming pretty things I don't work for free  
Please take care of me This is a message from your heart  
Your most devoted body part  
Taking blood and making art  
This is a message from your heart  
Pounding away into the dark  
You could thank me for a start  
This is a message from your heart Don't hurt me, I bleed constantly  
My efforts leave me but flow back swiftly My rhythm, soothing, like raindrops steady  
On foggy windows when you gaze outwardly I don't work for free  
Please take care of me This is a message from your heart  
Your most devoted body part  
Taking blood and making art  
This is a message from your heart  
Pounding away into the dark  
You could thank me for a start  
This is a message from your heart  
This is a message from your heart Everytime you sleep (Bam bam bam bam)  
Everytime you eat (Bam bam bam bam)  
Everytime you laugh (This is a message from your heart)  
(Your most devoted body part)  
(Taking blood and making art)  
Everytime you cry (This is a message from your heart)  
(Pounding away into the dark)  
(You could thank me for a start)  
Everytime you love (This is a message from your heart)  
(This is a message from your heart) This is a message from your heart

Songwriters

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