

# Breathe (2 AM)

[Anna Nalick](#)

2 AM and she calls me 'cause I'm still awake  
"Can you help me unravel my latest mistake?  
I don't love him, winter just wasn't my season" Yeah we walk through the doors, so accusing their eyes  
Like they have any right at all to criticize  
Hypocrites, you're all here for the very same reason And 'cause you can't jump the track,  
We're like cars on a cable  
And life's like an hourglass, glued to the table  
No one can find the rewind button, girl  
So cradle your head in your hands And breathe, just breathe  
Oh breathe, just breathe In May he turned 21 on the base at Fort Bliss  
"Just a day," he said down to the flask in his fist  
"Ain't been sober, since maybe October of last year" Here in town you can tell he's been down for a while  
But, my God, it's so beautiful when the boy smiles  
Wanna hold him, maybe I'll just sing about it 'Cause you can't jump the track,  
We're like cars on a cable  
And life's like an hourglass, glued to the table  
No one can find the rewind button, boys  
So cradle your head in your hands And breathe, just breathe  
Oh breathe, just breathe There's a light at each end of this tunnel  
You shout 'cause you're just as far in as you'll ever be out  
And these mistakes you've made, you'll just make them again  
If you only try turning around 2 AM and I'm still awake, writing a song  
If I get it all down on paper, it's no longer  
Inside of me threatening the life it belongs to And I feel like I'm naked in front of the crowd  
'Cause these words are my diary, screaming out loud  
And I know that you'll use them however you want to But you can't jump the track,  
We're like cars on a cable  
And life's like an hourglass, glued to the table  
No one can find the rewind button now  
Sing it if you understand And breathe, just breathe  
Oh breathe, just breathe  
Oh breathe, just breathe  
Oh breathe, just breathe

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