

# I Know It Hurts

## Alter Bridge

And you say this ain't living  
You say you can't go on  
You only take as you've given  
And now your hope is all but gone, yeah  
Though you lost your way  
Now is not forever  
But I know your pain  
We all fall sometimes, you're not the first  
But I know it hurts, yeah, I know it hurts  
In the end you'll find what you deserve  
Still I know it hurts, yeah, I know it hurts, oh, oh  
There are tides slowly rising  
The storm is on its way, yeah  
But you can't keep on fighting  
So battered, worn and so afraid  
Though it's sad and wrong  
I hope you will remember, oh  
That you must carry on  
We all fall sometimes, you're not the first  
But I know it hurts, yeah, I know it hurts  
In the end you'll find what you deserve  
Still I know it hurts, yeah, I know it hurts  
There's still tomorrow, hold on, hold on  
There's still tomorrow, just wait, just wait  
There's still tomorrow, hold on, hold on  
We all fall sometimes, you're not the first  
But I know it hurts, yeah, I know it hurts  
In the end you'll find what you deserve  
Still I know it hurts, yeah, I know it hurts

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