

# Just Stand Up (To Cancer)

## All Star Charity

Everything'll be alright again  
Alright again, alright again  
The heart is stronger than you think  
Like it could go through anything  
And even when you think it cant  
It finds a way to still push on though  
Sometimes you wanna to run away  
Aint got the patience for the pain  
And if you dont believe it look into your heart  
The beat goes on  
Im tellin you things get better through whatever  
If you fall, dust it off, dont let up  
Dont you know you can go be your own miracle  
You need to know!  
If the mind keeps thinking youve had enough  
But the heart keeps telling you 'dont give up'  
Who are we to be questioning, wondering what is what?  
Dont give up, through it all, just stand up  
Ooh, its like we all had better days  
Problems getting all up in your face  
Just because you go through it  
Dont mean it gotta take control, no  
You aint gotta find no hiding place  
Because the heart can beat the hate  
Dont wanna let the mind keep playing you  
Saying you cant go on  
Im tellin you things get better through whatever  
If you fall, dust if off, dont let up  
Dont you know you can go be your own miracle  
You need to know!  
If the mind keeps thinking youve had enough  
But the heart keeps telling you 'dont give up'  
Who are we to be questioning, wondering what is what?  
Dont give up, through it all, just stand up  
Through it all, just stand up  
You dont gotta be a prisoner in your mind  
If you fall, dust it off, you can live your life  
Yeah, let your heart be your guide  
Yeah yeah yeah  
You will know there's a good if you trust the good  
Everything will be alright, yeah  
Light up the dark, if you follow your heart  
And it will get better through whatever  
If the mind keeps thinking youve had enough  
But the heart keeps telling you 'dont give up'  
Who are we to be questioning, wondering what is what?  
Dont give up, through it all, just stand up  
If the mind keeps thinking youve had enough  
But the heart keeps telling you 'dont give up'  
Who are we to be questioning, wondering what is what?  
Dont give up, through it all, just stand up  
You got it in you, find it within

You got in now, find it within now  
You got in you, find it within  
You got in now, find it within now You got in you, find it within  
You got in now, find it within now  
Find it within you, find it within  
Through it all, just stand up

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