

# Parents (Interlude)

**Gil Scott-Heron & Jamie xx**

I believe that the spirits are your parents  
And their parents and their parents and their parents  
And they are in your bloodstream  
And they run through your body constantly  
Because they want you to live on  
Because they want to live on  
And they are trying all the time to tell you shit  
And if you just spend a few minutes with yourself  
You would hear them  
(You would hear them  
You would hear them)

Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

Lyrics provided by

<https://damnyrics.com/>