

# Slow and Steady (Live From VatnagarÃ°ar)

## Of Monsters and Men

The lights go out, I am all alone  
All the trees outside are buried in the snow  
I spend my night dancing with my own shadow  
And it holds me and it never lets me go I move slow and steady  
But I feel like a waterfall  
I move slow and steady  
Past the ones that I used to know My dear old friend, take me for a spin  
Two wolfs in the dark running in the wind  
I'm letting go but I've never felt better  
Passing by all the monsters in my head And I move slow and steady  
But I feel like a waterfall  
I move slow and steady  
Past the ones that I used to know

### Songwriters

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