

Brainwash

Spongehead

CHORUS:I need a brainwash from my head to my soul ~ I need a brainwash, bring it down to my toes ~ I need
a brainwash in and out 'cause you know ~ I need a B R A I N double wash*

Overwhelmed by the stuff on TV ~ Overloaded from the pressure fallin' on me ~ light head! Oxygen! I've gotta
breath *

Email, Myspace, backin' up all the time ~ Voicemail, press one if you're on the line ~ Transformer, can you
renew my mind?

CHORUS

Smack dab in the front of my mind ~ All that I've done wrong ~ Re-play and rewind ~ How can I erase it
forever this time *

Smack dab in the pit of my soul ~ This guilty feeling's diggin' a hole ~ And my thoughts are spinnin' out of
control

CHORUS

The world is straight typical to rock the traditional ~ Kinda keep it real life livin' mind simple though ~ My past
is in remission ~ Thrivin' on my conditions ~ I need a turn around ~ A fresh way to get down ~ Comin' straight
from Jersey roamin' in the land of the dirty south, free ~ Escapin' misery ~ With a Christ mentality ~ The only
way to have it ~ Living word habits ~ Feels nice dippin' me twice ~ Yo, ah I need a

CHORUS

Be not conformed to this world ~ But be transformed by the renewing of your mind

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