

# Head Up High

## Trapt

You're not tough enough, you're not tough enough to lead  
You better stand for somethin now or else you'll fall for anything  
You're not good enough, you are way out of your league  
You have heard these words a thousand times so what do you believe

Hold your head up, hold your head up high  
Where no one can bring it down  
Hold your head up, hold your head up high

Don't you bow out now  
Swimming in a sea of insecurities  
I know its hard to keep breathing  
Can you rise above the flood of flaws  
only you can see

Hold your head up high for me  
Are you strong enough, are you strong enough to leave  
it all behind you and the voice inside keeps telling you you're weak  
Are you hard enough, are you crumbling beneath  
the weight of all your dreams of everything they told you you can't be

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Hold your head up high for me  
hold your head up high for me  
No one can claim to be perfect  
and if they do its a lie  
So if you think its worth it  
Go on go on and reach for the sky  
Hold your head up, hold your head up high  
Where no one can bring it down  
Hold your head up, hold your head up high  
Don't you bow out  
Hold your head up, hold your head up high  
Where no one can bring it down

Hold your head up, hold your head up high

Don't you bow out now

Swimming in a sea of insecurities

I know its hard to keep breathing

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