

Ball and Chain (Produced by Swiff D)

Phonte

She holds me down
She holds me up
She licks my wounds
Then cuts me deep
She tells me stay
Then plans to leave
She is my cure
And my disease And it's so complicated
'Cause I hate myself for feeling this way
These walls used to protect me
Now they're closing in, yeah She keeps me so secure
Until I can't escape
So unpredictable that it's all the same
So many night I wish
I knew the moment when
Your anchor turned into a ball and chain Brings me to tears
Then wipes them dry
Asks me for truths
Then tells me lies
And it's oh so plain
As clear as eyes can see
The greatest happiness
This side of misery And it's so complicated
'Cause I hate myself for feeling this way
These walls used to protect me
Now they're closing in, yeah She keeps me so secure
Until I can't escape
So unpredictable that it's all the same
So many night I wish
I knew the moment when
Your anchor turned into a ball and chain Ain't nothing wrong with having both feet on the ground
Until you look around and realize that you are bound
Realize that you have drowned in a sea of security
That leads to complacency now tell me how that sound
You tell me how you found your way back to the turnout
When your love flames burn out now your house looking smoky
Like the teardrops of a clown, just wanna live in peace
But can't show too many teeth cuz she'll take shots at your crown
POW, another shot another man down

So I'm back on my Moe Dee shit, how you like me now
Back on my public speak shit, talking to the crowd
Standing tall, front and center when I'm finished take a bow
HollaAnd it's so complicated
'Cause I hate myself for feeling this way
These walls used to protect me
Now they're closing in, yeahShe keeps me so secure
Until I can't escape
So unpredictable that it's all the same
So many night I wish
I knew the moment when
Your anchor turned into a ball and chain

Songwriters

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