

# Groovin

## The Gentle People

One-two one-two  
This is a groove, why'knahmsayin? We just gon' get down  
My name is um, Biz Mark  
Got my man Cool V in the um, in the um thang  
And I can't forget my man, Everett-is-an-zell{?}  
We gonna give love to  
I'd like to give a very special um, thanks to my man LG  
{?} and, I'd like to uhh, kick it a lil' somethin' like this  
Check it out now

Words of wisdom, knowledge of understandin'  
To be like me takes practice and plannin'  
Come out fresh, like grand openin'  
Fender bender, loan shark lender  
Kareem changed his name, from Lew Alcindor  
The Bob Barker, the {?} stopper  
The mad harper, the Cyndi Lauper  
To be or not to be a celebrity  
A little, comedy with Eddie Murphy  
Grandmaster Flash, Treacherous Three  
And the King of Rockers, Run-D.M.C.  
To all the girls and boys, like to make noise  
Crazy gents, spendin' dollars and cents  
Women and men that borrow and lend  
And all the children that try to pretend  
To be a Prince {?}, or Jackson  
Now my man Michael loves to eat cycle  
Crazy wings off the gravy train  
My great dane Joey, so bowl a household  
With the b-boy product that'll help them grow  
We don't give 'em milk because that give 'em the craps  
We feed 'em um, sausages and liver snaps  
But seriously, I'm in the place to be  
But it ain't a place to be without me me me  
Between herpes and AIDS, I'd rather have VD  
Gonorrhea syphilis is a real bad case  
You get goner in her pants, rhea in her face  
I wouldn't stick mine in her, behind  
A without vine

One heck of mine, mine mine mine

And we gon' give a little shout out  
This is a little shout out, right here  
I just wanted to give it to 'em like this, knahmsayin'?  
This goes out to my man Sweet G from The Fever  
God bless you

And, this goes out to umm, Gangsta Lou  
AZ from the Mossdown Crew  
Freddie Jones {?} the whole 132 posse  
Like the Wooka Wooka Girls, and Cuttin' Crew  
And I, gotta give a, shout out to my man Londell  
And Cornell, from the MVS, Cuttin' Crew  
On a 148th Avenue

I gotta give a little shout out to my man  
Unique and the Mega Audio Crew  
I can't forget cool G. in the Willie's Lounge  
And Willie got the good food up there with him  
With them knahmsayin'? Okay

I'd like to give a little shout out to my man Cash Money from Philly

I gotta give a shout out to uhhhhhhh, DJ Roy  
And Mike and God Build and the whole Rolls International Posse  
At the Q Club, and, I can't forget my posse from umm  
Long Island you know, you know what I'm talkin' about man  
I'm talkin' about like the {?} Posse and all my boys like um  
New York, Alvin and uhh EPMD and all them  
And my man Redman and all them, yknahmsayin'  
But lemme just kick a lil' somethin for you baby  
Cause you know how we go, we go back like um British {?}   
Uh-huh, uhhhhhhhhhhh yeah

Okay, I would I would like to kick this out to my man  
Umm, Big Joe from Farmers, uhh and me and my man {?}   
And the whole Queens Posse like my man Big D  
And the whole, everybody like I gotta give a shout out  
To my man, uhh, Unique, and umm, Dewmar  
They up in Greenhaven I think he got showtime I think he got showtime  
And, this goes out to my man, my man, Aaron, and his pops  
At the Sugar Hill baby, you know how that go  
My man Ron Beard umm, The Mirage down in D.C.  
I gotta give a shout out to Rare Essence, like my man Greyfoots  
And my man Funk, you know how we do Funk baby  
I gotta give a shout out to all my Jersey people, knamsayin' baby?  
Like ummm, Alaganza, annnnnd, Skandals  
I don't know if it's open any more, but uhh, we was there before  
HEH, uh-heh, we gotta give a shout out to, Mirage

Club {?} Zanzibar, uhhh  
Everybody downtown Elizabeth, midtown uptown Elizabeth  
Gotta give a shout out to Lee-Lee, my man Haas  
My man Kaseem, why'all know where he at, you know I know where he at baby  
I gotta give a shoutout to Godfather D  
And uh, Bee, you know Backspin, you know how we go, we go back  
I gotta give a shoutout to Shawn Corleone  
And the whole {?} M.J., Dre Dog, Kwan, Kev, Rudy  
And the President {?}  
And, I don't know if I forgot anybody, but  
Uhh if I did I'm sorry, but I'd like to give a shout out  
To you know my man Rob, my man Ricky, uh Raheem  
My man Jim and we gon' get

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