

Cast All Your Cares

Beverley Knight

It's funny how we see the worst of things
we look at our stress and strains
even measure our labour and pain
and it's all in vain.

Why do we feel some things will never change
feeding on a negative vibe.

Wheeling on a downward site
But I learned...

That thru' it all, I couldn't fall
on you I call; you deliver me

When fading fast, all troubles past

On you I cast; for you said,

"Let me carry all your problems
your fears are my concern, and in return

I ask you...

"Cast all your cares on me

Nothing is too much for me to bear

Cast all your cares on me

Understand that I will be there

Cast all your cares on me

Things will be alright, I'm telling you

Cast all your cares on me

for I care for you

The little things help me to realise

that I have a friend in you

even when I don't feel like I do

though inside I knew

And when I need to feel that I'm loved again

All I do is call your name ("Abba father")

and my pressure starts to wane

Lord I just call your name

and with your spirit you bring me love

Lord I just call, Lord I just call your name, your name

I know you're listenin'

Lord I just call, Lord I just call your name,

you answer my prayer

Anytime I need a friend, I call you Lord, I do I do

and when you touch me with your goodness

I could never feel the same

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