Calm Down

Killing Heidi

When your head is spinning and you're feeling overwhelmed,
And your ears are ringing 'cause your heart is beating so damn loud,
And your mind is numbing and your heart is pumping out,
Oh it feels like you're running but your feet won't touch the ground
Calm down, calm down
Now all my defences are down
Calm down, calm down, calm down
When it feels like you're tripping but you're not sure what about,
You just might be slipping, ice queen is melting down,
And the blood is pumping and your head is spinning round,
And your heart is thumping and your tongue is hanging out
Calm down, calm down
Now all my defences are down
Calm down, calm down

When you're feeling overwhelmed, again
Calm down, calm down, calm down
When your head is spinning and you're feeling overwhelmed,
And your ears are ringing 'cause your heart is beating so damn loud
Calm down, calm down
Now all my defences are down
Calm down, calm down
Now you're feeling overwhelmed, again
Calm down, calm down, calm down
Come back, come back, come back
Come back, come back again
Come back, come back, come back
Come back, come back again

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