Forward Motion

Relient K

I've been banging my head against the wall
For so long it seems I knocked it down
Yeah it got knocked down
And the heating bill went through the roof
And the wall I knocked down was the proof
That my landlord needed to kick me out
I got evicted now I'm living on the street
My spirits lifted, oh wait, that wasn't me
Too many turns have turned out to be wrong
This time I learned that, I knew it all along
When car crashes occur
Then I'll be what you were
When I see what I should
When I see that it's good, that it's good
To experience the bittersweet
To taste defeat then brush my teeth
Experience the bittersweet
To taste defeat then brush my teeth
'Cause I struggle with forward motion
I struggle with forward motion
We all struggle with forward motion
'Cause forward motion is harder than it sounds
Well every time I gain some ground
I gotta turn myself around again
It's harder than it sounds
Well every time I gain some ground
I gotta turn myself around again
I've been banging my head against the wall
For so long it seems I got knocked out
Yeah, I got knocked out cold
And the medical bills went through the roof
And the scar on my head is the proof
That I'll still remember this when I get old
I got evicted now I'm living on the street
My spirits lifted, oh wait, that wasn't me
Too many turns have turned out to be wrong
This time I learned that, I knew it all along
When I grasp the concept
Then I'll sleep where you slept

When I know I need help
When I allow myself, allow myself
To experience the bittersweet
To taste defeat then brush your teeth
Experience the bittersweet
To taste defeat then brush your teeth
'Cause I struggle with forward motion
I struggle with forward motion
We all struggle with forward motion
'Cause forward motion is harder than it sounds
Well every time I gain some ground
I gotta turn myself around again
It's harder than it sounds
Well every time I gain some ground
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'Cause I struggle with forward motion
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