100 Yard Dash

Raphael Saadiq

Yeah, I tried to run but couldn't get too far
My heart is pumpin' but still runnin' in place
No matter how hard I try to get your touch
When you're away to love a girl is too much
But every time I run I need you oh so bad
But I'm running scared my heart's beatin' so fast
I heard that you could make a man change his plan
That's why I'm running fast, I'm running the 100 yard dash
I ran for the hills, girl where you were
How you appear you see I never know
I told the bartender to pour me a double face
Then light me a smoke so I can sing some jazz
Now here come them legs, here come those eyes
And me the one I can never deny
I'm trying to be smooth as I can
But I guess I need another plan
I need your lovin' baby oh so bad
But I'm running scared my heart's beatin' so fast
I heard that you could make a man change his plan
That's why I'm running fast, I'm running the 100 yard dash
Your love gets stronger
And it feels like everyday it's getting longer
I feel your love like a monkey on my back
Girl your honey's so big see I can feel the attack
Oh, oh, I need some lovin'
I, I want your lovin'
I gotta have your lovin'
I need to, got to

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