

Jump For Joy

Joi Cardwell

People have misunderstandings
Of what life is all about
They put values in the wrong things
And in happiness they lose out 'Cause being happy is a feeling
This is all a frame of mind
And every moment you feel sad and blue
You could be having a real good time Why don't you jump for joy and be happy?
Why don't you jump for joy and be glad?
If you just try it, feel better
And have the best time you ever had Why don't you jump for joy and be happy?
Why don't you jump for joy and be glad?
If you just try it, I'm sure you'll like it
And have the best time you ever had Do it, do it, do it, do it
Do it, hmm There is no sense in worrying
'Cause that won't solve a thing
Chances are what's ever worrying you
Is not as bad as it seems Being down won't last forever
'Cause nothing really stays the same
You will have a bright tomorrow
There's always sunshine after rain Why don't you jump for joy and be happy?
Why don't you jump for joy and be glad?
If you just try it, I know you'll like it
And have the best time you ever had Why don't you jump for joy and be happy?
Why don't you jump for joy and be glad?
If you just try it, I know you'll like it
And have the best time you've ever had
(You just gotta, you just gotta) C'mon, yeah, c'mon, yeah, yeah
[Incomprehensible] Why don't you jump for joy?
Why don't you jump for joy?
If you just try it, I'm sure you'll like it
And have the best time you ever had Why don't you jump for joy?
Why don't you jump for joy?
If you just try it, I'm sure you'll like it
And have the best time you ever had Why don't you jump for joy?
Why don't you jump for joy?
Try it, I'm sure you'll like it
And have the best time you ever had Why don't you jump for joy?
Why don't you jump for joy?
Would you try it? I'm sure you'll like it?

And have the best time you ever had C'mon, c'mon, yeah, yeah
C'mon, c'mon, c'mon, baby
Yeah Why don't you jump for joy? Yeah, yeah
C'mon, hmm, hmm

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