

# Rise

## Delta Goodrem

Give me a hero,  
Someone to help me understand,  
I need an angel,  
Someone who'll take my hand  
Without asking why,  
Or thinking twice.  
And lay me down,  
Make me feel safe  
Until I'm back on my feet,  
As a second chance,  
For me  
To escape this,  
This gravity.  
So lift me up and,  
Teach me how to love and,  
Rise above it all,  
I'm crawling out of my skin.  
So cut these strings  
From all that's held me down,  
You've got to show me how to,  
To believe again.  
I've nothing left to hide,  
I'm trying to open up my eyes,  
Help me to rise,  
Help me to rise.  
I need a saviour,  
Someone who's gonna make a change,  
Oh, I need a soldier,  
Someone to stand right by my side,  
Every time,  
Day or night.  
And lay me down,  
Make me feel safe,  
I'm starting to see there's a world out there for me,  
  
Let me make believe.  
So lift me up and,  
Teach me how to love and,  
Rise above it all now,

I'm crawling out of my skin.  
So cut these strings  
From all that's held me down,  
You've got to show me how to,  
To believe again.  
I've nothing left inside,  
I'm trying to open up my eyes,  
Help me to rise,  
Help me to rise.  
Is there a hero,  
Someone to help me understand.  
Woah...  
So lift me up and,  
Teach me how to love and,  
Rise above it all,  
I'm crawling out of my skin.  
So cut these strings  
From all that's held me down,  
You've got to show me how to,  
To believe again.  
I've nothing left inside,  
I'm trying to open up my eyes,  
Help me to rise,  
Help me to rise,  
Help me to rise,  
Help me to rise,  
ooh...  
Help me to rise.

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