Stop

Mike Bloomfield;Al Kooper

Yes it's true that I believe
I'm weaker than I used to be
I wear my heart out on my sleeve
Oh, and I forget the rest of me
Yes, there's times I've been afraid
And there's no harm in that I pray
'Cause I'm more frightened everyday
Someone will take the hope I have, away
But you gotta give it up
To get off sometimes
You gotta give it up
To get off sometimes
You gotta give it up
To get off sometimes I know
You gotta give it up
To get off sometimes
You gotta give it up
To get off sometimes
You gotta give it up
To get off sometimes I know
All the times I've given in
You fit me like a second skin
And one by one I will begin
To wear you on the days I'm feeling thin
But you gotta give it up
To get off sometimes

You gotta give it up
To get off sometimes
You gotta give it up
To get off sometimes I know
Hey, I gotta give it up
To get off sometimes
You gotta give it up
To get off sometimes
You gotta give it up
To get off sometimes I know
You'd better stop, stop, stop
Using me up

You'd better stop
'Cause I've had enough
And I'm ready to forget the reasons
That keep me here
Ooh in the rain
You won't even if you never even gonna change
Good god need a little help, while
You'll find what you think you gonna be child
Ya, you'd better stop, stop, stop
Using me up
You'd better stop
'Cause I've had enough
And I'm ready to forget the reasons
Well the reasons keepin' me here

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