Check Yourself

Lowell Fulson

Oh no you didn't, oh yes I did
Uncle KJ gotta talk to ya'll kids
Listen up quick, 'cause the way some of ya'll live
Must have lost ya mind and jus' flipped your lid
Now ladies, I know what he be tellin' you
I know, 'cause back in the day I used to do it too
Talkin' 'bout, aw girl you know I love you
And if you love me too, then let me sleep wit' you
He's a fool, a lyin' schemin' dude
I'ma tell ya straight girl, now cut him loose
Why, ain't no guy that cute
If he won't respect you and wait for you
See you need a real man that loves God too
And will take a stand even if it's hard to
And I know that you can now, it's worth it for you
Check the program this is what I'm tellin' you
Ooh ya'll, better check yourself
Nah ya'll, need to check yourself
Un uh, you better check yourself
No ya'll, better respect yourself
Ooh ya'll, better check yourself
Nah ya'll, need to check yourself
Un uh, you better check yourself
No ya'll, better just respect yourself
Where my fellas at, where my fellas at?
Now some of ya'll need to check where ya head is at
I know in the locker room what they be tellin' cats
Don't buy into that now when they sellin' that
Virgin ain't a drity word don't be ashamed of that
See in reality people be respectin' that
Stand up fro yourself tell 'em jus' chill wit' that
And even if they diss turn around and bless them back
Let me talk smack and leave it at that
'Cause everybody ain't doin' it now jus' learn the facts
Don't never let somebody ever hold ya back
Nobody except God should ever tell you how to act
It's odd sayin' that 'cause peeps won't tell ya that
But it's the truth and I'll never back down from that
So if ya can handle that and like the sound of that

Then people holla back on the track thats down wit' that
Ooh ya'll, better check yourself
Nah ya'll, need to check yourself
Un uh, you better check yourself
No ya'll, better respect yourself
Ooh ya'll, better check yourself
Nah ya'll, need to check yourself
Un uh, you better check yourself
No ya'll, better just respect yourself
Ladies and gentlemen ya need to stop playin'
Stop runnin' around always missionary datin'
You think that the one you're lovin' you gonna be savin'
But end up wit' problems from the choice that ya makin'
Now some ya'll girls ya'll need to start carin'
And think twice about the clothes that you're wearin'
I know it might be nice to have all the guy starin'
But take advice, respect yourself as a women
We all want love and we all want attention
But that ain't the way to get it you understand what I'm sayin'
Wit' the baby gap outfit on that ya wearin'
Sneakin' out the house tryin' to hide from ya parents
See God said save yourself for ya marriage
And it was for a reason don't misunderstand it
Sex is a beautiful gift don't mishandle it
Ya better jus' check yourself and don't damage it
Ooh ya'll, better check yourself
Nah ya'll, need to check yourself
Un uh, you better check yourself
No ya'll, better respect yourself
Ooh ya'll, better check yourself
Nah ya'll, need to check yourself
Un uh, you better check yourself
No ya'll, better just respect yourself

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