

# Once in Every Long and Lonely While

[Matt Monro](#)

Once in every long and lonely while  
You will wonder why you were beguiled by her  
She with all her little charms is safe in someone else's arms  
So why is it she still alarms your heart  
Where are all the dreams that once you shared  
Tell yourself you never really cared for her  
Fool yourself as time goes by but then when you believe the lie  
Oh why should you be haunted by her smile  
Just once in every long and lonely while

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Lyrics submitted by Matthew Paul.

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