

The First Noble Truth

Shadows Fall

As reality washes away

The faded memories of daylight

This is my escape, realization of my mind's own deceit Perception slips away lulled into a fools paradise

Words mislead again the agony of imaginary

Sins and fears, truth of suffering Buried dreams that shadow me

I feel it's all been wasted

(Dreams that shatter me) Break my dreams to free my soul

Because I won't even notice

(Dreams to free my soul) Disintegration of the ego with this mind creates

False idea of self the cessation of continuity

And becoming true enlightenment Buried dreams that shadow me

I feel it's all been wasted

(Dreams that shatter me) Break my dreams to free my soul

Because I won't even notice

(Dreams to free my soul) Someone free me from heaven torn asunder

Full of empty promises to be there if I wonder

(Alone and wandering) Will not remain enslaved

This world's transparency, I see right through

I walk alone As reality washes away

The faded memories of daylight

This is my escape realization of my mind's own deceit

Perception slips away Buried dreams that shadow me

I feel it's all been wasted

(Dreams that shatter me) Break my dreams to free my soul

Because I won't even notice

(Dreams to free my soul) Someone free me from heaven torn asunder

Full of empty promises to be there if I wonder

(Alone and wandering) Extinction of thirst, extinction of desire

Extinction of hatred, extinction of illusion

This is absolute

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