

# Fact of Life

## Poi Dog Pondering

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Relentlessly climbing and conquering and swallowing  
fresh pain  
Melting reemerging and rising up clean  
in the pouring rain  
Rise up clean in the pouring rain, only to drop down  
and decay again  
Muscle and sweat and blood and bones  
feel good, feel strong!  
Don't ask why, it's a fact you die

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