

# The Living Proof

Mary J. Blige

It's gonna be a long long journey  
It's gonna be an uphill climb  
It's gonna be tough fight  
It's gonna be some lonely nights  
But I am ready to carry on  
I am so glad the worst is over ('cause almost took me out)  
I can start living now  
I feel like I can do anything  
And finally I am not afraid to breathAnything you say to me  
And everything you do  
You can't deny the truth  
'Cause I am the living proof  
So many don't survive  
They just don't make it through  
But look at me  
I am the living proof  
Oh yes I amThinking about life's been painful  
Yes it was  
Took a lot to learn how to smile  
So now I am gonna talk to my people,  
About the storm, about the storm  
Oh so glad the worst is over  
I can start flying now  
My best days are right in front of me  
Yeah and I am almost there  
'Cause now I am freeAnything you say to me  
And everything you do  
You can't deny the truth  
'Cause I'm the living proof  
So many don't survive  
They just don't make it through  
But look at me  
I am the living proofI know where I am going  
Hey 'cause I know where I've been  
I am gonna feel strong that's showing  
I am gonna keep going  
That's the way that I willAnything you say to me  
And everything you do  
You can't deny the truth

'Cause I'm the living proof  
So many those who fight  
They just don't make it through  
But look at me hey yeah  
I am the living proof Nothing about my life has been easy  
But nothing's gonna keep me down  
'Cause I know a lot more today  
Than I knew yesterday  
So I am ready to carry on  
Oh Lordie

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