

# Body and Soul

[Susan Ashton](#)

Once I was lost hurtin' inside  
Dangling over the edge  
But the history of pain  
Barely remains  
Once I was blind but could it be  
That the excess of light  
Is shading the weary past  
With the shadow it cast  
And as sin gives way  
To atoning blood  
And a debt is paid  
With the riches of love  
There's a hope that I see, there's a freedom in me  
There's a comfort in death and in life  
Knowing that I belong  
To the Savior who's making me whole, body and soul  
Now, I can feel, a sense of resolve  
Choosing a new point of view  
Going against the grain  
Breaking the chain  
And the shackles fall  
On the road to peace  
And I lose them all  
As I find my release  
As there's a hope that I see, there's a freedom in me  
There's a comfort in death and in life  
Knowing that I belong  
To the Savior who's making me whole, body and soul  
And that hope eternal springs in me  
And that freedom seems to willingly carry me  
Through a world of fears, I've stored inside of me  
Lord, abide in me, oh  
And as sin gives way  
To atoning blood  
And a debt is paid  
With the riches of love  
There's a hope that I see, there's a freedom in me  
There's a comfort in death and in life  
Knowing that I belong  
To the Savior who's making me whole, body and soul  
Body and soul

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