Exercise

Clem Snide

Take it easy or youll hurt yourself
Dance that couch across the floor
Youll sprain your wrist
The rug will burn your knees
Is there an exercise for that? Find a way to brace yourself
Your hearts a muscle and thats all
Theres no way that love can help
Your twisted ankles when you fall Entertain a love thats always late
Jumping jacks could ease your mind
Folding sweat suits with a knotted hand
You can almost touch your toes Find a way to brace yourself
Your hearts a muscle and thats all
Theres no way that love can help
Your twisted ankles when you fall

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