

# Get Up and Jump

## Cosmo

Get up and jump, get up and jump  
Get up, get up, get up and jumpJump on up, jump on down  
Just jump, a jump, a jump, a jump, a jump around  
Jump the day away, jump all over town  
'Causes jumpin' is okay in a jumpin' kinda way, heyJump a boy, jump a girl, jump a rope, jump for joy  
Just don't stop jumpin', keep your heart muscle pumpin'  
Hillel be jumpin' on that little baby frumpkin  
Say what, you got a pumpkin in your pants?When you're just standing or sitting still  
Think about the frogs gettin' a thrill  
Take a little lesson from the kangaroos  
Don't you know they're jumpin' foos, jump youJump a nun, jump a Jack  
Jump for fun, jump back  
How's about us jumpin' in the sack?  
And now, it's time for a jump attackGet up and jump, get up and jump  
Get up and jump, get up and jump  
Get up and jump, get up and jump  
Get up and jump, get up and jumpJam Bob, Jim Bob, slim Bob boogie  
To the tune of slima Billy, lookin' like you're mighty silly  
Say what, you got a pumpkin in your pants?  
Say what, you got a pumpkin in your pants?Mister Mexican jumpin' bean knows  
His fun is squeaky clean  
Christ, how'd ya think that he got so clean?  
Not from sittin' on his goddamn spleen, get upOh, I be jumpin', I be jumpin', I be jumpin' alone  
I be jumpin' for the phone  
I be jumpin' Missus Jones  
I really wanna jump on Kinski's bonesGet up and jump, get up and jump  
Get up and jump, get up and jump  
Get up and jump, get up and jump  
Get up and jump, get up and jumpGet up and jump, get up and jump  
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