

Stop For A Minute (feat K'Naan)

Keane

Some days, feels my soul has left my body
Feel I'm floating high above me
Like I'm looking down upon me
Start sinking, every time I get to thinking
It's easier to keep on moving
Never stop to let the truth in Sometimes I feel like it's all been done
Sometimes I feel like I'm the only one
Sometimes I wanna change everything I've ever done
I'm too tired to fight and yet too scared to run And if I stop for a minute
I think about things I really don't wanna know
And I'm the first to admit it
Without you I'm a liner stranded in an ice floe I feel like a thief who has no faith
Maybe more than by the grade
Of the drugs he took that day Sinking, in the pain he's been inflicting
Yet he's feeling like the victim
Just a horoscope's to blame Sometimes I feel like a little lost child
Sometimes I feel like the chosen one
Sometimes I wanna shout out 'til everything goes quiet
Sometimes I wonder why I was ever born And if I stop for a minute
I think about things I really don't wanna know
And I'm the first to admit it
Without you I'm child
And so wherever you go, I will follow Ugh, yeah
And baby you are just beautiful
From crown to your cuticles
You held down with two sons
You never frown when duty calls
You know me, I gave you more than you can handle
But you still keep a handle on it
Even when I take something beautiful and vandal on it
No more females
Well how come my emails got notes on a scandal
It's like Eve with the apple
A priest in a chapel
Overcome by the devil's tackle
I'm still shackled in the battle
I know, I'm such a hassle
Every time I let me thoughts go
I get baffled

So I hardly pause
I just crossed z's with these gnarly broads
Cause it hurts me just to see what I finally lost
So I guess I'm just a fiend
Consumed by the scene
The stage and the screen where it's just me and Keane
And if I stop for a minute
I think about things I really don't wanna know
(So I guess I'm just a fiend, consumed by the scene)
And I'm the first to admit it
Without you I'm a liner stranded in an ice floe
(The stage and the screen where it's just me and Keane)

Songwriters

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