

# Trapped Inside

## Mankind Is Obsolete

[Jamie Madrox:] Dark, cold, embryonic liquid  
Surrounds me in the belly of decision  
I hit the walls and they only bounce back  
And my eyes won't open so everything stays black  
I kick harder hopin just to break free  
Never realizing it can decide to abort me  
In here alone in the fleshy confines  
Somebody set me free cause I'm feelin I'm trapped inside  
[Blaze Ya Dead Homie:] Written in the scrolls long ago it was foretold  
The method in which trapping and binding mortal souls  
Passed down the monk's families for generations  
The secret rituals and the proper incantations  
Circle pentagrams in the corners of the room  
And it all becomes clear this is meant to become my tomb  
Doomed forever to lead a life of non-existence  
I'm trapped inside here by the Pagans this is my penance  
[Chorus:] There must be some way out of this place  
How did I get here  
What am I doing here?  
There must be some way out of this place  
How did I get here  
What am I doing here?  
There must be some way out of this place  
How did I get here  
What am I doing here?  
[Violent J:] I've quit prayin by this time I've let it all go  
It's somethin that'll never change I already know  
I roll my eyeballs back and take a look at my brain  
I realize I'm traumatized, two-thirds insane  
I knew name I knew shape to every pill that I swallow  
All instructions I follow by my doctor role model  
Yet it's still the same goin back in the panic zone  
All the lights are on inside, but ain't nobody home  
[Monoxide Child:] He who chose roads that show in slo-mo  
Will know when the time comes to let his mind go  
And then when you find out that he's a psycho  
Then maybe you'll understand how to deal with a lost soul  
Push the wounds in  
Trapped like quicksand

In a mind that's so sick they label him brain dead  
But in the same sense if you look through his eyes  
Then you see he ain't tryin to hide  
[Chorus:] There must be some way out of this place

How did I get here  
What am I doing here?  
There must be some way out of this place  
How did I get here

What am I doing here?  
(let me escape, let me escape, just let me go, just let me go, let me escape)

There must be some way out of this place  
How did I get here  
What am I doing here?

There must be some way out of this place  
How did I get here

What am I doing here?

There's no way for me

No way no key

I need for me

I'm trapped inside

There's no way for me

No way no key

I need for me

I'm trapped inside

[Shaggy 2 Dope:] Slow I.V. drip I'm layin on the table

I can feel them cuttin me, I move but I'm unable

Hot tears pour from my eyes down my cheek

You can hear the beep from my biosigns is gettin weak (beep)

Commotion, they must've removed the wrong organ

I overheard them sayin I'd be dead by the mornin

So now I'm trapped here waitin to die

Make peace with the beyond close my eyes and say goodbye

[Chorus:] There must be some way out of this place

How did I get here  
What am I doing here?  
There must be some way out of this place  
How did I get here  
What am I doing here?

(let me escape, let me escape, just let me go, just let me go, let me escape)

There must be some way out of this place  
How did I get here  
What am I doing here?

There must be some way out of this place  
How did I get here

What am I doing here?  
There's no escape, no way I can find  
This is my time, alive  
I'm trapped inside  
No wind no rain there's no moon that shines  
This is my time, alive  
I'm trapped inside  
There's no escape, no way I can find  
This is my time, alive  
I'm trapped inside  
No wind no rain there's no moon that shines  
This is my time, alive  
I'm trapped inside  
There's no escape, no way I can find  
This is my time, alive  
I'm trapped inside

Lyrics provided by  
<https://damnlyrics.com/>