

This Is the Time (Ballast)

Nothing More

When did we become these sinking stones?
When did we build this broken home?
Holding each other like ransom notes
Dropping our hearts to grip our brother's throat
i>¿

You can't see because you don't know
You're caught below, beneath your own shadow
Stuck inside, half alive
Do you ever stop to ask yourself why?
Close your mind, identify
Do you feel, do you feel?
Do you call this a life?
All you waited for
Drowning just to keep score
i>¿

We always start with good intentions
But lose ourselves along the way
i>¿

This is the time that we let it go
These are the words that will take us home
Singing the song that's inside us all
If we don't open our eyes we're walking blind
i>¿

Anchored in anger, we exile ourselves
Bitter blood builds our prison cell
Darker water now fills our lungs
The depths of our heart have blacked the sun
You can't see because you don't know
You're caught below, beneath your own shadow
Stuck inside, half alive
Do you ever stop to ask yourself why?
Close your mind, identify
Do you feel, do you feel?
Do you call this a life?
All you waited for
Drowning just to keep score
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We always start with good intentions
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Naked we come, naked we leave
Fools we are, to hold tightly
We are the jail, we are the key
We are free, we are free
This is the time that we let it go
These are the words that will take us home
Singing the song that's inside us all
If we just open our eyes
This is the time that we let it go
This is the pain we are forced to know
Singing the song that's inside
Inside us all, inside us all

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