

# Namaste

## Sonodab

A butterfly floats on the breeze of a sun lit day

As I feel this reality gently fade away

Riding on a thought to see where it's from

Gliding through a memory of a time yet to comeSmoke paints the air swirling images through my mind

Like a whirlpool spin beginning to unwind

And I stand at the edge cautiously awaiting

As time slips by carefully navigating by the stars in the skyAnd I sit and I think to myself

And on the horizon the sun light begins to climb

And it seems like it's been so long since he shined

But I'm sure it was only yesterdayNamasteA cold chill of fear cut through me

I felt my heart contract

To my mind I brought the image of light

And I expanded out of itMy fear was just a shadow

And then a voice spoke in my head

And she said, "Dark is not the opposite of light

It's the absence of light" And I thought to myself

She knows what she's talking about

And for a moment I knew

What it was all about

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