

# Joy and Pain

Frankie Beverly

Remember when you first found love how you felt so good  
Kind that last forever more so you thought it would  
Suddenly the things you see got you hurt so bad  
How come the things that make us happy make us sad  
Well it seems to me that Joy and pain are like sunshine and rain  
Joy and pain are like sunshine and rain Love can be bitter love can be sweet  
Sometimes devotion and sometimes deceit  
The ones that you care for give you so much pain  
Oh but it's alright they're both one in the same Don't it seem we go through life going up and down  
Seems the things that turn you on turn you around  
Always hurting each other if it ain't one thing its another  
But when the world is down on you love's somewhere around  
Well it seems to me that Joy and pain are like sunshine and rain  
Joy and pain are like sunshine and rain  
Joy and pain are like sunshine and rain  
Joy and pain are like sunshine and rain Over and over you can be sure  
There will be sorrow but you will endure  
Where there's a flower there's the sun and the rain  
Oh and it's wonderful they're both one in the same Joy and pain are like sunshine and rain  
Joy and pain are like sunshine and rain  
Joy and pain are like sunshine and rain  
Joy and pain are like sunshine and rain

Songwriters

KEATING, RONAN / GODFREY, JEREMY PETER / PADLEY, BILL Published by

Lyrics © Universal Music Publishing Group

Lyrics provided by

<https://damnyrics.com/>