Alone in a Room

Asking Alexandria

I've been away, a little while, sometimes I just can't help myself
When my mind's running wild, I seem to lose grip on reality
And I try to disregard the crazy things
the voices tell me to do, but it's no use
I tried to own it, write songs about it
Believe me I tried, in the end I needed to breathe
Find inspiration, some kind of purpose
To take a second to face the shit that makes me, me
All I needed was the last thing I wanted
To sit alone in a room and say it all out loud
Every moment, every second, every trespass
Every awful thing, every broken dream
A couple years back and forth with myself in a cage
Banging my head against the wall tryna put words on a page
All I needed was the last thing I wanted
To be alone in a room, alone in a room
I saw the world a couple times, tried to cure the ache with absence
But that hole was still a hole and my mind kept playing tricks on me
Feeling older every day,
took everything I had to not crash
and burn, but I'm starting to learn
Sometimes I'll fall down, sometimes I'll lose hope
But those days will be few if I keep my feet on the ground
I might be lonely, but I ain't alone here
So I keep pushing the limits of what makes me, me
All I needed was the last thing I wanted
To sit alone in a room and say it all out loud
Every moment, every second, every trespass
Every awful thing, every broken dream
A couple years back and forth with myself in a cage
Banging my head against the wall tryna put words on a page
All I needed was the last thing I wanted
To be alone in a room, alone in a room
I can be better than I was
I can be better than I am
All I needed was the last thing I wanted
To sit alone in the room
All I needed was the last thing I wanted
To sit alone in a room and say it all out loud

Every moment, every second, every trespass
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