

# Alone in a Room

## Asking Alexandria

I've been away, a little while, sometimes I just can't help myself  
When my mind's running wild, I seem to lose grip on reality  
And I try to disregard the crazy things  
the voices tell me to do, but it's no use  
I tried to own it, write songs about it  
Believe me I tried, in the end I needed to breathe  
Find inspiration, some kind of purpose  
To take a second to face the shit that makes me, me  
All I needed was the last thing I wanted  
To sit alone in a room and say it all out loud  
Every moment, every second, every trespass  
Every awful thing, every broken dream  
A couple years back and forth with myself in a cage  
Banging my head against the wall tryna put words on a page  
All I needed was the last thing I wanted  
To be alone in a room, alone in a room  
I saw the world a couple times, tried to cure the ache with absence  
But that hole was still a hole and my mind kept playing tricks on me  
Feeling older every day,  
took everything I had to not crash  
and burn, but I'm starting to learn  
Sometimes I'll fall down, sometimes I'll lose hope  
But those days will be few if I keep my feet on the ground  
I might be lonely, but I ain't alone here  
So I keep pushing the limits of what makes me, me  
All I needed was the last thing I wanted  
To sit alone in a room and say it all out loud  
Every moment, every second, every trespass  
Every awful thing, every broken dream  
A couple years back and forth with myself in a cage  
Banging my head against the wall tryna put words on a page  
All I needed was the last thing I wanted  
To be alone in a room, alone in a room  
I can be better than I was  
I can be better than I am  
All I needed was the last thing I wanted  
To sit alone in the room  
All I needed was the last thing I wanted  
To sit alone in a room and say it all out loud

Every moment, every second, every trespass  
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